

MENTAL HEALTH SUPPORT CONTACTS

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Chaplaincy Services

Anglicare

Doug Philpott – Manager, Emergence Services
Ph: (02) 9895 8000

Chaplaincy Australia

Rev. Ron Westbrook
Ph: 0448 040374
Email: ronwesty1@bigpond.com
Area: Riverina

Presentation Sisters Rural Outreach Service

Anne McRae
Ph: 0428 388 044
Area: Riverina and Southwest Slopes

The Salvation Army

Pam Wilkes – Territorial Consultant, Rural Support Services
Ph: 0411 120 701

Uniting Church

Julie Grieg – Rural Chaplain
Ph: 0429 344 456

Government Services

Centrelink

John Allsop – Rural Services Officer
Ph: 0439 431 100
Email: john.allsop@centrelink.gov.au

Paul McMahan – Rural Services Officer
Ph: 0428 880 734
Email: paul.pj.mcmahan@centrelink.gov.au
Area: South West

Industry & Investment NSW – Rural Support Workers

Jenny Croft
Ph: 0429 446 417
Area: GUNNEDAH

Dick Kearins
Ph: 0427 781 514
Area: GOULBURN

Pip Brown
Ph: 0429 396 697
Area: DUBBO

Jan Bruce
Ph: 0427 257 191
Area: PARKES

Danny Byrnes
Ph: 0428 973 141
Area: HAY

Lou Revelant
Ph: 0419 167 668
Area: GRIFFITH

Carolyn Long
Ph: 0428 296 332
AREA: SCONE

Don Burrows
Ph: 0427 324 033
Area: COWORA

Workcover NSW

Colin Wall

Email: Colin.Wall@workcover.nsw.gov.au

Depression Related Services

beyondblue

Nadine Bartholomeusz-Raymond – Project Manager, Rural and National Drought Agenda
Ph: (02) 9810 6116

Lifeline

Ph: 13 11 14

Rural Mental Health Support Line

1800 201 123

Suicide Safety Network

Chaplain Eric Trezise – President Suicide Safety Network
Ph: 0429 436 311
Area: Central Coast

Counselling Services

Counsellors and Psychotherapists Association of NSW

Maxine Rosenfield – President
Ph: 0413 570 539

Wesley Counselling/LifeForce

Tony Cassidy
Ph: 0408 211 750

General Practice and Nursing Services

Australian General Practice Network

Elaine Dunn
Ph: (03) 5304 5603

General Practice NSW

Jane Westley – Team Leader, Mental Health and Drug & Alcohol
Ph: 0419 843 086

NSW Nurses' Association

Marc Hopkins – Professional Officer (Mental Health)
Ph: 0437 990 146

Royal Flying Doctor Service

Ruth Redfern

Ph: 0408 476 341

Agricultural Health and Safety Research Services

Australian Centre for Agricultural Health and Safety

Associate Professor Lyn Fragar – Director

Ph: (02) 6752 8210

Australian Rotary Health Research Fund

Cheryl Deguara – Program Coordinator, Mental Health Forums

Ph: (02) 8837 1900

Centre for Mental Health Research, Australian National University

Kathy Griffiths – Director, Depression & Anxiety Consumer Research Unit

Ph: (02) 6125 9723

Centre for Rural and Remote Mental Health

Craig Hart – Coordinator, Drought Mental Health Assistance Package

Ph: (02) 6360 7757

Centre for Rural Social Research, Charles Sturt University

Professor Margaret Alston – Director

Ph: 0418 242 856

Community Services

Country Women's Association of NSW

Robyn Wright – Vice President

Ph: 0419 395 090

YWCA NSW

Genevieve Marchiori – Program Coordinator

Ph: 0438 148 044

Area: Tamworth

Disability Services in Tasmania

For people with a disability, their family and carers

“A Quick Reference to Disability Services in Tasmania”.

Email: disability.stateoffice@dhhs.tas.gov.au