



Essential Topics in Psychology

The Early Bird rate closes next Friday for another fantastic workshop in the 2011 Essential Topics in Psychology series – register now to guarantee your place at the discounted rate.

Principles and Practice of Psychodynamic Psychotherapy: A two part workshop Presented by Associate Professor Robert Schweitzer and Professor Robert King

This workshop addresses the needs of practitioners who are currently utilising psychodynamic principles or practices in their work. The workshop assumes at least introductory training and basic understanding of core concepts. It is not expected that participants have high levels of expertise in provision of psychodynamic therapy. The workshop aims to build upon basic learning with a view to enhancing current practices. The workshop, comprising two parts and presented over 2 days, will focus upon skills relating to psychodynamic formulation and therapeutic strategies.

Part A: Setting up the contract and dealing with transference and resistance.

- Recognise indicators for psychodynamic psychotherapy
- Negotiate an ongoing psychodynamic psychotherapy
- Recognise and appropriately respond to client transference
- Identify and, where appropriate, utilised counter transference responses.

Part B: Key processes in Psychodynamic Psychotherapy: Resistance, Interpretation and Working with Endings

- Identify resistance and work constructively with resistance
- Formulate interpretations and make effective decisions as to when to interpret and not interpret
- Identify potential responses and enactments relating to the termination phase of therapy and to use these responses in the service of self understanding
- Recognise the requirements of appropriate record keeping and correspondence in relation to psychodynamic psychotherapy.

Presented by:

Associate Professor Robert Schweitzer

BSocSc (Hons), MA (Clinical Psychology), PhD
MAPS

Member College of Clinical Psychology
Member College of Counselling Psychology
Registered with Psychology Board of Australia

Robert Schweitzer is an Associate Professor in Psychology in the School of Psychology and Counselling at Queensland University of Technology. He established the clinical psychology training program at QUT and teaches clinical psychopathology and short term psychodynamic psychotherapy. His recent research and publications includes papers relating to the broad issue of the experience of people entering Australia from refugee backgrounds. He has also undertaken research in the areas of child abuse and the group treatment of generalised anxiety disorders utilising a supportive expressive psychodynamic approach. He currently serves on the Regional Board of the Psychologists Board of Australia and in addition, maintains a small private practice focussing upon psychodynamic psychotherapy and supervision.

Professor Robert King

BA, Dip Ed, MA (Clinical Psychology), PhD
FAPS

Member College of Clinical Psychology
Registered with Psychology Board of Australia

Robert King is a Professor of Psychology in the School of Psychology and Counselling at Queensland University of Technology. His training and practice in psychotherapy spans 30 years and has included intensive work with both Lacanian and object relations groups in Melbourne. He has had a substantial role in training of psychotherapists including development and coordination of the multidisciplinary psychotherapy training program provided by the School of Medicine at the University of Queensland. He has a strong interest in psychotherapy research and its dissemination and is peer review editor of Psychotherapy in Australia. He maintains a clinical engagement with psychotherapy through clinical practice and supervision.

Continuing Professional Development (CPD) Points: This workshop is eligible for 14 Continuing Professional Development (CPD) points. Endorsement has been approved by the APS for specialist points for members of the Clinical and Counselling Colleges. Members of other APS colleges and non-college members have been approved to claim generalist points. For information on recent changes to the CPD requirements for psychologists, please refer to the website of the Psychology Board of Australia www.psychologyboard.gov.au/registration-standard.aspx or www.psychology.org.au/cpd_events/cpd

20 and 21 May 2011 - Townsville House of Prayer **early bird rate closes NEXT FRIDAY!**

03 and 04 Jun 2011 - Brisbane Golf Club

05 and 06 Aug 2011 - Rockhampton Plaza Hotel

All workshop sessions from 9am to 5pm.

For further information about all Essential Topics in Psychology workshops and full registration details, please visit <http://www.psychologytraining.com.au/>

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